Sheath Dress Measurements Form

	Dress Muslin Blocks	**Total**
1	Front Block Length- top of front neckband to the desired dress length - add 3" (7.62cm)	
2	Front Block Width- find widest part of one side of your dress form's front at bust level, (side seam to center front) then compare that measurement to the front hip level (side seam to center front). Choose the larger of the 2 measurements- add 4" (10.16cm)	
3	Back Block Length - top of the back neckband to the desired length - add 2" (5.08cm)	
4	Back Block Width- find the widest part of one side of your dress form's back from under the armplate (center back to side seam) then compare to the back hip level (center back to side seam) Choose the larger of the 2 measurements- add 4" (10.16cm)	
#	**Body Measurements**	
1	Front neckband to bust level - (measured from top of dress form front neckband straight down to bust level)	
2	Apex to center front – measured on bust level from the right apex to center front	
3	Apex to side seam + 1/8" ease (0.32cm)	
4	Apex straight down to hipline	
5	Shoulder blade- one fourth the distance between back neckline and waistline	
6	Shoulder Blade Width - measured along the shoulder blade level, from center back to the back armplate plus 1/4" (0.64cm) ease	
7	Shoulder blade straight down to hipline at center back	

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