

Module 1 – Preparing the Dress Form & Muslin Blocks



Step 1 On your dress form, measure down 7" from the middle of waist tape. This is your hip level. Position your style tape all the way around to the back making sure the hip level is level to the floor.

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Step 2 To find the length for both your front and back muslin blocks, measure down from the waist to the desired skirt length. Add 4" and record that measurement.

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Step 3 To find the width of your front block you will need to find the widest part of your dress form's hip, which may be at the hipline or slightly below. Add 3" and record that measurement. You will do the same for the back.

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